

ABSTRAK

“FENOMENA *TOXIC RELATIONSHIP* DALAM BERPACARAN DI KALANGAN MAHASISWA PROGRAM STUDI PENDIDIKAN GURU SEKOLAH DASAR ANGKATAN 2020 DAN 2021 UNIVERSITAS SANATA DHARMA YOGYAKARTA”

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Penelitian ini memiliki tujuan untuk 1) mengetahui tingkat *toxic relationship* berpacaran pada mahasiswa Program Studi Pendidikan Guru Sekolah Dasar angkatan 2020 dan 2021 di Universitas Sanata Dharma; 2) mengetahui bentuk-bentuk *toxic relationship* yang dominan dialami oleh Mahasiswa Program Studi Pendidikan Guru Sekolah Dasar angkatan 2020 dan 2021 di Universitas Sanata Dharma; 3) mengetahui upaya yang dilakukan Mahasiswa Program Studi Pendidikan Guru Sekolah Dasar angkatan 2020 dan 2021 di Universitas Sanata Dharma agar terlepas dari hubungan *toxic relationship*.

Jenis penelitian ini menggunakan metode kuantitatif. Teknik pengumpulan data menggunakan kuisioner dengan skala *guttman*. Subjek penelitian ini adalah Mahasiswa Program Studi Pendidikan Guru Sekolah Dasar angkatan 2020 dan 2021 Universitas Sanata Dharma berjumlah 157 mahasiswa. Item kuesioner fenomena *toxic relationship* yang valid 27 item. Indeks reliabilitas Alpha Cronbach sebesar 0,878. Teknik analisis data yang dilakukan menggunakan statistik.

Hasil penelitian menunjukkan bahwa sebagian besar mahasiswa (65%) mengalami *toxic relationship* pada tingkat sangat rendah; 2) Bentuk-bentuk *toxic relationship* yang dialami oleh Mahasiswa Pendidikan Guru Sekolah Dasar angkatan 2020 dan 2021 Universitas Sanata Dharma menunjukkan 51 mahasiswa (32,5%) dalam kategori paling tinggi yaitu bentuk kekerasan psikis; 3) Hasil item upaya-upaya yang dilakukan Mahasiswa Pendidikan Guru Sekolah Dasar angkatan 2020 dan 2021 Universitas Sanata Dharma agar terlepas dari hubungan *toxic relationship* menunjukkan 116 mahasiswa (87,9%) dalam kategori paling tinggi yaitu mempertimbangkan solusi.

Kata kunci : *Toxic relationship*, Mahasiswa.

ABSTRACT

"THE PHENOMENON OF TOXIC RELATIONSHIPS IN DATING AMONG STUDENTS OF THE ELEMENTARY SCHOOL TEACHER EDUCATION STUDY PROGRAM CLASS OF 2020 AND 2021 SANATA DHARMA UNIVERSITY YOGYAKARTA"

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This study aims to 1) determine the level of toxic relationship dating in students of the Elementary School Teacher Education Study Program batch 2020 and 2021 at Sanata Dharma University; 2) knowing the dominant forms of toxic relationships experienced by students of the Elementary School Teacher Education Study Program batch 2020 and 2021 at Sanata Dharma University; 3) knowing the efforts made by students of the Elementary School Teacher Education Study Program batch 2020 and 2021 at Sanata Dharma University to be free from toxic relationships.

This type of research uses quantitative methods. The data collection technique uses a questionnaire with a guttman scale. The subjects of this study were 157 students of the Elementary School Teacher Education Study Program class of 2020 and 2021 of Sanata Dharma University. Valid toxic relationship phenomenon questionnaire items 27 items. The Cronbach Alpha reliability index is 0.878. Data analysis techniques are carried out using statistics.

The results showed that most students (65%) experienced toxic relationships at very low levels; 2) The forms of toxic relationships experienced by Elementary School Teacher Education Students class of 2020 and 2021 of Sanata Dharma University showed 51 students (32.5%) in the highest category, namely the form of psychological violence; 3) The results of the efforts made by Elementary School Teacher Education Students class of 2020 and 2021 of Sanata Dharma University to be free from toxic relationships showed that 116 students (87.9%) in the highest category considered solutions.

Keywords: Toxic relationship, College Student.